

More details of some of our regular groups 2021-22

ART CLASS

Watercolour Painting courses: beginners and more experienced demonstrations on a variety of topics, individual help and advice.

Contact: Sara Kenyon

Tel No. 01603 872190

Email: sarakenyon@talktalk.net

BROADLAND DOG TRAINING CLUB

Kennel Club Registered

Classes held on Monday Evenings - Call to book an 8 week course

Contact: Karen Daniels

Tel No. 01603 881264

Email: mail@karendaniels.plus.com

FIRST CLASS LEARNING

Extra Maths and/or English for children of any ability aged 4 to 16. Call for an information pack, or to discuss your child/grandchild.

Contact: Charles Nevick

Tel No. 01603 423405

Email: norwich@firstclasslearning.co.uk

FITNESS - PILATES/YOGA

Wednesdays - Weekly classes, pay per session.

Suitable for all levels, equipment supplied but please bring a mat if you have one.

Fitness Pilates 9.30 - 10.20am - £5.50

Fitness Yoga and Pilates 10.30 - 11.30am - £6.00

Contact: Helen Tosdevin

Mobile No. 07730 193934

Email: helentosdevin@hotmail.co.uk

Website: <http://www.helensfitness.co.uk>

NEW TAVERHAM PLAYERS

Contact: Julie Peach

Tel No. 01603 424313

Email: julie.peach@aviva.com

Website: <http://www.newtaverhamplayers.co.uk/NTP/Home.html>

PHYSIO WITH PILATES

Tone up your whole body and potentially reduce the risk of injury to your joints under the safety of a qualified physiotherapist. Clinical Pilates, the essential maintenance service for your body to keep you moving at your best. Beginner to advanced Pilates, 3D standing Pilates, ante and post-natal Pilates, Pilates for the elite athlete and Pilates for the runner.

Private physiotherapy treatment clinics are available at Taverham Village Hall.

Contact: Claire Emerson

Mobile No. 07786 515646

Email: claireemerson759@btinternet.com

STREET DANCE

Wednesdays - 5.15pm - 6.15pm (5-9yrs) / Thursdays - 5.30pm - 6.30pm (10-16yrs)
Term times only, £3 per class

A Basic Street Dance class centralising on popular music and pedestrian moves mixed with classical techniques. This fun-filled class not only helps with flexibility and core strength, but builds self-confidence and helps develop teamwork skills, whilst becoming an active member of a dance troupe. Please attend class in loose comfortable clothing and bring along a bottle of water.

Contact: Zoey

Mobile No. 07538 975117

TABLE TENNIS

We have 5 teams in the Norwich and District Table Tennis League. Matches are playing during the week on Tuesday, Wednesday, Thursday and Friday evenings. Club night is on Friday evenings from 8pm. Coaching sessions are held on some of the Fridays from 6.30pm mainly for juniors. New members of all standards and age are welcome.

Contact: Dennis Calver

Tel No. 01603 867924

Email: marden21@btinternet.com

TAVERHAM AFTER SCHOOL CLUB

Contact: Jess Barton **Tel No.** 07785 263917 **Email:** Jessicabarton1991@gmail.com

TAVERHAM EVANGELICAL CHURCH (TEC)

TEC is a vibrant community church for all the family. Please come and join us for exciting worship and great preaching every Sunday you will be made very welcome.

Sunday services at 11am each week.

Contact: Vic Ready

Tel No. 01603 860192

Email: vicready28@gmail.com

Website: <http://www.tec-church.com>

TAVERHAM HISTORY SOCIETY

The Society aims to preserve the past of Taverham and surrounding villages for present and future generations to research and to discover the wealth of our history. Regular activities are organized providing general historical facts and information.

For information visit: <https://taverhamhistorysociety.wordpress.com>

Email: taverhamhistorysociety@yahoo.com

TAVERHAM PARISH COUNCIL

Office opening hours: Monday to Thursday - 9.15am to 1pm.

Council and committee meetings held on 2nd and 4th Monday of the month.

Contact: Samantha Salmons **Tel No.** 01603 260538

Email: clerk@taverhamparishcouncil.org.uk

Website: <http://www.taverhamparishcouncil.org.uk>

TAVERHAM SHORT MAT BOWLS CLUB

Social or competitive short mat bowling. Wednesday evenings and Sunday afternoons throughout the year. New members welcome, men or ladies, all age groups, with or without experience.

Contact: Anne Furness

Tel No. 01603 413094

Email: roger.furness1@ntlworld.com

WI

Taverham WI meets on the 2nd Friday of the month at 7.30pm

For information visit: <https://www.thewi.org.uk>

Email: taverhamwi@yahoo.co.uk